

Presentation

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The present facsimile entitled "Psychosomatic Concepts of Nursing," written by Nurse Maria de Lourdes da Verderese - at the time - Professor of the Nursing School in San Paulo, was published in the Anais da Enfermagem (Annals of Nursing), July 1948, Vol. I, Nr. 3, p 107-109.

By recognizing the influence of the psychosomatic field in the health of human beings, the text analyses its development applied to nursing care. It also highlights the importance of the observation of human behavior as a form to provide individualized health care.

The author draws the attention to the importance of scientific observation in the nursing field. This proves her concern with the development of the profession. She also shares her experience in the United States, where the learning process strived to bring together the psychosomatic concept with the practice of nursing.

This text has a great historical value because it shows the readers the intention - in the forties - 20th century - to guide the practice and teaching of nursing, taking into consideration the socio-cultural and emotional factors in which the individuals are inserted as a major factor for the prevention and cure of diseases.

The original publication can be found at the Documentation Center of the School of Nursing Anna Nery Federal University of Rio de Janeiro (EEAN / UFRJ).